

# Appalachian State University

## UREC Club Sports

### Coach's Code of Conduct

~FORM KEPT ON FILE IN CLUB SPORTS OFFICE~



As a coach for University Recreation Club Sports I pledge to be a positive role model, and keep a player-centered atmosphere in my coaching approach. I pledge to follow:

1. To be a responsible, respectful, and positive role model for my specific Club Sports team and all of its players.
  - As the coach I will encourage my players to also be responsible, respectful, and positive role models for specific Club Sport and other players.
2. To respect the rights, dignity and worth of each individual player within the context of involvement within the specific Club Sports.
  - As the coach I will focus on developing and maximizing each player's individual skills physically, mentally, and emotionally.
  - As the coach I will place the welfare and safety of each of my players above all other considerations, including personal desire to win.
  - As the coach I will believe that all players on the team are deserving of equal attention and opportunities.
  - As the coach I will refrain from any discriminatory practices and will include all players in team activities without regard on the basis of race, religion, color, sex, sexual orientation, body type, national origin, ancestry, disability, disability, ability, or any other legal protected classifications.
3. To represent self and specialized standing in an honest and upright manner enhancing the reputation of the specific Club Sport, University, and coaching community.
  - As the coach I will be responsible for my own actions.
  - As the coach I will display high standards by using appropriate language, manner, control, dignity, respect, punctuality, and presentation when interacting with players, opponents, coaches, league officials, game officials, administrators, the media, parents and spectators.
  - As the coach I will comply, embrace, and enforce the laws, guideline, regulations, policies, and requirements of the Appalachian State University and University Recreation.
  - As the coach I will become knowledgeable, understanding and supportive of all applicable game rules, league rules, regulations and policies.
4. To make decisions based on the best interests of each individual player.
  - As the coach I will not place my players in competitive or training situations until they are fully prepared or fully recovered from injury.
  - As the coach I will acknowledge the individual talents and potential of each player on the team.
  - As the coach I will set up the appropriate training and practice programs based on the level of development of my players.
  - As the coach I will maintain a high level of awareness of potentially unsafe conditions and correct or avoid any unsafe practice or playing conditions.
5. To refrain from the use of drugs, tobacco, alcohol, and any hazing practices within the Club Sports program at Appalachian State University.
  - As the coach I will abide by and support the rules and regulations of Appalachian State University, University Recreation, and the rules of the game.
  - As the coach I will respect the health and dignity of each of my players to compete on the basis of their own individual abilities, and within the guidelines of the game.
  - As the coach I will refrain from using or providing any type of tobacco products, alcohol, and drugs at all Appalachian State University, University Recreation, and any Club Sports event.
  - As the coach I will refrain from any and all forms of hazing towards any players and I will keep my players from any and all forms of hazing toward players.

6. To refrain from any type or form of harassment in regards to any player or colleague.
  - As the coach I will refrain from any form of personal, physical, emotional or verbal abuse of any player.
  - As the coach I will refrain from, and prevent, any form of sexual or racial harassment towards any player or colleagues.
  - As the coach I will ensure that if any physical contact made between players is appropriate to the situation and is made only in the development of that player's skills.
  - As the coach I will not engage or take any part in romantic/sexual relationships with any player or other participants with which I the coach has evaluative, direct, or indirect authority because those situations are highly prone to impair judgement of both parties.
  
7. To exercise a standard of care consistent with qualifications as the coach for University Recreation Club Sports.
  - As the coach I will act out of concern for the safety, welfare, and health of my players and colleagues.
  - As the coach I will refrain from providing any service or advice to my players that is outside the scope of my qualifications and competency.
  - As the coach I will make sure before both practices and games that someone with a basis medical background is around.
  
8. To act out of caution and concern towards both sick and injured players on the team.
  - As the coach I will encourage my players to seek appropriate professional medical advice when necessary.
  - As the coach I will allow further participation in practices and games only when the player has fully recovered.
  - As the coach I will modify practice and or training programs on an individual basis for injured players to assist in their recovery.
  - As the coach I will maintain the same regard and support towards both injured and sick players.

Coach

- If desired, it is the responsibility of team members to secure the services of a coach for their team. Each Club Team may wish to request all coaches to sign a written contract with their Club Team.
- The coach must limit his/her involvement with the team to instructing in practice and competition, and must not participate in other areas of team management.
- The coach must work with ALL participating members.
- The coach may not serve as the team's liaison with the University Recreation Department or the Club Sports Council.
- If hired as the coach I must take part in a coach training orientation session that involves duties of the job, hazing/sexual harassment, and other educational topics.

I,  understand and agree to abide by all University Recreation and Appalachian State University rules and regulations. If approved to coach I,  will be coaching on a volunteer basis. I have read and fully understand the "Coach's Code of Conduct" as outlined above and agree to abide by all the rules listed. I understand that any infraction of these rules of the University or University Recreation subjects me to dismissal as coach of the club. Furthermore, I acknowledge that the club decision making process is student led and I will not interfere in club management. As a coach my role is restricted to only teaching and coaching in practices and competitions.

Print Name:

Signature: \_\_\_\_\_

Club Sport:

Date: